

Zion Lutheran School

Lunch Menu March 2025

Sun	Mon	Tue	Wed	Thu	Fri	Sat
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2	3 Macaroni and Cheese Vegetable Roll Fruit Treat GLUTEN FREE MEAL the above meal is GF	4 Biscuits and Gravy Omelet Yogurt Fruit GLUTEN FREE MEAL the above meal is GF	5 Pulled Pork Sandwich w/BBQ Baked Beans Potato Salad Fruit Treat GLUTEN FREE MEAL the above meal is GF	6 Corn Dogs w/ Ketchup Veggie w/Ranch Potato Chips Fruit Treat GLUTEN FREE MEAL the above meal is GF	7 Pizza Veggies Fruit Treat Pizza + One Veggie Fruit Special Dessert Gluten Free Pizza Veggie Fruit Special Dessert Gluten Free Pizza + One Veggie Fruit Special Dessert	8
9	10 Tuna Sandwich Tomato Basil Soup Chips Fruit Treat GLUTEN FREE MEAL the above meal is GF	11 BBQ Chicken Rice Pilaf Tossed Salad w/ Dressing Fruit Treat GLUTEN FREE MEAL the above meal is GF	12 Chicken Alfredo w/noodles Hot Veggie Fruit Treat GLUTEN FREE MEAL the above meal is GF	13 NO SCHOOL None	14 NO SCHOOL None	15
16	17 NO SCHOOL None	18 Cheese sticks w/ Marinara Sauce Salad w/ Dressing Roll Fruit Treat GLUTEN FREE MEAL the above meal is GF	19 Chicken Cutlets Mashed Potatoes w/ Gravy Seasoned Vegetables Fruit Treat GLUTEN FREE MEAL the above meal is GF	20 Nachos Taco Meat Sour cream & Salsa fresh Veggie Fruit Treat GLUTEN FREE MEAL the above meal is GF	21 Pizza Veggies Fruit Treat Pizza + One Veggie Fruit Special Dessert Gluten Free Pizza Veggie Fruit Special Dessert Gluten Free Pizza + One Veggie Fruit Special Dessert	22
23	24 Beef and Bean Burrito Sour Cream, Salsa Spanish Rice Fiesta Corn Fruit Treat GLUTEN FREE MEAL the above meal is GF	25 Baked Chicken Au Gratin Potatoes Corn Muffin Veggie Fruit Treat GLUTEN FREE MEAL the above meal is GF	26 Sub Sandwich Sack Lunch Chips Fresh Veggie Fruit Treat GLUTEN FREE MEAL the above meal is GF	27 Waffles Strawberries and whipped Topping Sausage Fruit Yogurt GLUTEN FREE MEAL the above meal is GF	28 Pizza Veggies Fruit Treat Pizza + One Veggie Fruit Special Dessert Gluten Free Pizza Veggie Fruit Special Dessert Gluten Free Pizza + One Veggie Fruit Special Dessert	29
30	31 Sweet & Sour Meatballs Rice Oranges Broccoli Fortune Cookie GLUTEN FREE MEAL the above meal is GF					
<p>LUNCH includes milk, water is available: \$6.50/meal Gluten Free Lunch: \$6.50/meal MILK: \$1.00/carton</p> <p>PIZZA FRIDAY: Extra slice \$1.00 Gluten-free pizza \$8.00</p> <p>All Meals Available in GF " must be ordered by 9:15am to get same meal</p> <p>This institution is an equal opportunity provider.</p>						