

Zion Lutheran School

Lunch Menu

March 2024

Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1 Pizza Veggies Fruit Special Dessert Pizza + One Veggie Fruit Special Dessert Gluten Free Pizza Veggie Fruit Special Dessert Gluten Free Pizza + One Veggie Fruit Special Dessert	2
3	4 Spaghetti w/Meat Sauce Garlic Bread Vegetables Fruit Special Treat GLUTEN FREE MEAL the above meal is GF	5 BBQ Chicken Rice Pilaf Tossed Salad w/ Dressing Fruit Treat GLUTEN FREE MEAL the above meal is GF	6 Taco Salad w/cheese Salsa and sour cream Corn Beans Treat GLUTEN FREE MEAL the above meal is GF	7 Chicken Pot Pie Cornbread w/Butter Fruit Treat GLUTEN FREE MEAL the above meal is GF	8 Pizza Veggies Fruit Special Dessert Pizza + One Veggie Fruit Special Dessert Gluten Free Pizza Veggie Fruit Special Dessert Gluten Free Pizza + One Veggie Fruit Special Dessert	9
10	11 Cheeseburger chips Pasta salad Fruit Treat GLUTEN FREE MEAL the above meal is GF	12 Chicken Nuggets Tater Tots Fresh Veggies Fruit Ice cream GLUTEN FREE MEAL the above meal is GF	13 BBQ Pork Sandwich Coleslaw Baked Beans Fruit Treat GLUTEN FREE MEAL the above meal is GF	14 NO SCHOOL None	15 NO SCHOOL None	16
17	18 Macaroni and Cheese Vegetable Roll Fruit Treat GLUTEN FREE MEAL the above meal is GF	19 Hot Dog on a Bun Ketchup & Mustard Potato Salad Chips Fruit Treat GLUTEN FREE MEAL the above meal is GF	20 Chicken Alfredo w/noodles Hot Veggie Fruit Treat GLUTEN FREE MEAL the above meal is GF	21 Nachos Taco Meat Sour cream & Salsa Fruit Treat GLUTEN FREE MEAL the above meal is GF	22 Pizza Veggies Fruit Special Dessert Pizza + One Veggie Fruit Special Dessert Gluten Free Pizza Veggie Fruit Special Dessert Gluten Free Pizza + One Veggie Fruit Special Dessert	23
24	25 Sub Sandwich Chips Soup Fruit Treat GLUTEN FREE MEAL the above meal is GF	26 Tater Tot Casserole Veggie Fruit Treat GLUTEN FREE MEAL the above meal is GF	27 Waffles Strawberries and whipped Topping Sausage Fruit Yogurt GLUTEN FREE MEAL the above meal is GF	28 Corn Dogs w/ Ketchup Veggie w/Ranch Potato Chips Fruit Treat GLUTEN FREE MEAL the above meal is GF	29 No Hot Lunch Service Today Early Dismissal	30
31						

LUNCH includes milk, water is available: \$6.50/meal Gluten Free Lunch: \$6.50/meal MILK: \$1.00/carton

PIZZA FRIDAY: Extra slice \$1.00 Gluten-free pizza \$8.00

All Meals Available in GF " must be ordered by 9:15am to get same meal

This institution is an equal opportunity provider.